



余幸宜

副教授

研究領域

社區護理、社區群體照護、健康相關生活品質、性別與護理、高齡照護

教學

社區衛生護理學及實習、健康老化及長期照護護理學及實習、老人護理、老人社會學、公共衛生、護理專業問題研討、生活品質

研究計畫

- Building your successful nursing career: evaluating the effectiveness of a career planning mobile application for male nurses - a randomized double-blind controlled trial (PI, MOST 2024-2025)
- Application of Virtual Human into the Gerontological Nursing Curriculum for Innovative Learning Pathways. (CO-PI, Ministry of Education 2024-2025)
- Build your successful nursing career: developing and evaluating a smartphone App to support the career planning of male nurses: Continued project (PI, MOST 2023-2024)
- Validation of Two Taiwanese Versions of Delayed Grief Scales. (CO-PI, CMRP 2023-2024)
- Development and Evaluation of Online Interactive Podcast Program “Living with Type 1 Diabetes to Grown-Up”: A Mixed-Methods Study.(CO-PI, MOST 2023- 2024)
- Build your successful nursing career: developing and evaluating a smartphone App to support the career planning of newly graduated male nurses - A mixed-methods study (PI, MOST 2022-2023)
- Assessment of learning achievement in pediatric nursing practice from virtual reality simulation-based education using electroencephalography

學歷

PhD 陽明大學護理學系暨研究所

MS 陽明大學社區護理所

BS 台灣大學護理學系

聯絡方式

電話：03-2118800 分機 5064

email：kanano@mail.cgu.edu.tw

among nursing students: a feasibility study using mirror-neuron system (CO-PI, MOST 2023-2024)

- “I am not alone”: development and effectiveness evaluation of an online social network intervention for newly graduated male nurses (Continued Project) (PI, MOST 2020-2021)
- “I am not alone”: development and effectiveness evaluation of an online social network intervention for newly graduated male nurses (PI, MOST 2019-2020)
- An exploratory study of the health care needs and related factors of type 1 diabetes during the transition phase on patients age between 16 and 25 (CO-PI, CMRP 2020-2021)
- Study on development and evaluation of mobile APP "Health Care CEO" for patients with type 1 diabetes aged 16-25 (CO-PI, MOST 2019-2020)
- The life experiences and health care needs of type 1 diabetes during the transition phase on patients aged between 16 and 25 (CO-PI, MOST 2017-2018)
- The Influence of parenting style on metabolic control and quality of life in school-age children with newly diagnosed type 1 diabetes ---a longitudinal study (CO-PI, MOST 2015-2017)
- Health related quality of life of intermittent exotropia children: psychometric characteristics of the Chinese version and a longitudinal analysis (PI, MOST 2014-2017)
- The Influence of parenting style on metabolic control, adherence, and quality of life in school-age children with type 1 diabetes (CO-PI, MOST 2014-2015)
- Professional competence, case-management model development and outcome evaluation for caring children with leukemia among elementary school nurses (CO-PI, MOST 2014-2015)
- Intention consideration and decision analysis of returning to hospital nursing job: inactive nurses and nursing manager’s perception (CO-PI, TWNA, 2010-2011)
- Knowledge, attitude, and rejecting use behavior of trans-fatty acid among children and effects of health educational programs on improving behavior (CO-PI, MOST 2010-2011)

論文發表

1. **Yu, H. Y.***, Tseng, I. H., Chin, Y. F., Li, R. H., Shen, Y. C., Lee, L. H., Yang, C. I., Chang, Y. L., Chiang, Y. T.*. (2025). Development and initial validation of a role strain scale for male nursing students. *Nurse Education Today*, 147, 106607. Online ahead of print.
<https://doi.org/10.1016/j.nedt.2025.106607>
2. Chiang, Y. T., **Yu, H. Y.**, Tsay, P. K., Chen, C. W., Chang, C. W., Hsu, C. L., Lo, F. S., & Moons, P. (2024). Effectiveness of user-centered 'Healthcare CEO' app for type 1 diabetes patients transitioning from adolescence to early adulthood: A randomized control trial study protocol. *JMIR Research Protocols*. Advance online publication.
<https://doi.org/10.2196/59871>
3. 余幸宜、吳佳儀、黃淳霞、張麗春* (2024) · 校園心理健康照護之現況與展望：學校衛生護理人員觀點 · *學校衛生護理期刊*，31，1-12。
4. **Yu, H. Y.**, Huang, C. H., Shen, Y. C., Lin, H. L., Chang, L. C*. (2024). Factors associated with continuing education needs in medication administration among school nurses. *Journal of Advanced Nursing*, 80, 1882-1890. DOI: 10.1111/jan.15967(Nursing, IF= 3.8, SCI 11/126 = 8.7%, Q1) 第一作者
5. Chin, Y. F., Wang, W.L., **Yu, H. Y.**, (2024). Risk factors related to postoperative dizziness among patients who underwent general anesthesia and intraoperative analgesics: a prospective cohort study. *Journal of PeriAnesthesia Nursing*, Advance online publication. (Nursing, IF= 1.7, SCI 77/123 = 62.6%, Q3) 第三作者
6. 余幸宜、曾逸軒*、沈永釗、楊政議、李麗紅 (2023) · 台灣男性護理學生角色壓力與護理專業承諾之相關性研究 · *學校衛生護理期刊*，30，22-37。
7. **Yu, H. Y.**, Huang, C. H., Liao, L. L., Lin, H. L., Chang, L. C. (2023). Competence and Stress of Medication Administration Practices for School Nurses in K-12 Taiwan Schools. *Journal of School Nursing*. Online ahead of print July 10, 2023 (Nursing, SCI, IF= 1.7, Q3, 77/123=62.6%)第一作者
8. Chiang, Y. T., Chang, C. W., **Yu, H. Y.**, Tsay, P. K., Lo, F. S., Chen, C. W., Lin, W. Y., Hsu, C. L., An, C., & Moons, P. (2023). Developing the "Healthcare CEO App" for patients with type 1 diabetes transitioning from adolescence to young adulthood: A mixed-methods study. *Nursing Open*, 10, 1755-1766. <https://doi.org/10.1002/nop2.1432> (Nursing, SCI, IF= 2.3, Q2, 42/123=34.1%)第二作者
9. **Yu, H.Y***, Huang, C., Chin, Y., Shen, Y., Chiang, Y., Chang, C., & Lou, J. (2021). The Mediating Effects of Nursing Professional Commitment on the Relationship between Social Support, Resilience, and Intention to Stay among Newly Graduated Male Nurses: A Cross-Sectional Questionnaire Survey. *International journal of environmental research and public health*, 18(14), 7546. <https://doi.org/10.3390/ijerph18147546> 第一作者

10. **Yu, H. Y***, Chang, C. W., Yang, M. L., Shen, Y. C., Chiang, Y. T.*, Chien, C. H. (2021). Quality of Life and measures in Children with intermittent exotropia: A systematic review and meta-analysis. *The Journal of Taiwan Association for Medical Informatics*. 30(2), 41-58. 第一作者
11. Chiang, Y., Tsay, P., Chen, C., Hsu, C., **Yu, H.Y.**, Chang, C., Lo, F., & Moons, P. (2021). A Delphi Study on the Healthcare Needs of Patients with Type 1 Diabetes during the Transition from Adolescence to Adulthood: Consensus among Patients, Primary Caregivers, and Healthcare Providers. *International journal of environmental research and public health*, 18(13), 7149. <https://doi.org/10.3390/ijerph18137149> 第五作者
12. Chin, Y. F., Huang, T. T., **Yu, H. Y.**, Yang, H. M. & Hsu, B. RS. (2021). Factors related to hospital-to-home transitional self-monitoring blood glucose behavior among patients with diabetes-related foot ulcer. *International Journal of Nursing Practice*, online open access e12950 (SSCI) 第三作者
13. 鄭崑丹、吳宜臻、李亭亭、林瑞萍、**余幸宜*** (2020) · 治療性遊戲合併下肢運動訓練一位右肱骨骨折之學齡前兒童的護理經驗 · *台灣健康照顧研究學刊*，22(2)，107-123。通訊作者
14. Chiang, Y.T., **Yu, H.Y.**, Lo, F.S., Chen, C.W., Huang, T.T., Chang, C.W., & Moons, P.(2020). Emergence of a butterfly: The life experiences of type 1 diabetes Taiwanese patients during the 16-25 years old transition period. *International Journal of Qualitative Studies on Health & Well-being*, 15(1) :1748362 DOI: 10.1080/17482631.2020.1748362 【Category: Nursing; 2018; SSCI 48/118, Impact factor: 1.424】 第二作者
15. 黃廷宇、吳貞葦、涂悅馨、郭亭伶、**余幸宜*** (2019) · 恐龍的旅行：運用治療性遊戲協助一位學齡前期支氣管肺炎病童降低背部叩擊之恐懼 · *台灣健康照顧研究學刊*，20，36-50。通訊作者
16. Chin, Y. F., Yeh, J. T., **Yu, H. Y.**, Weng, L. C. (2018). Knowledge of the Warning Signs of Foot Ulcer Deterioration among Patients With Diabetes. *Journal of Nursing Research*, 26(6), 420-426. 【Category: Nursing; 2017; SSCI 74/115, SCI: 77/118; Impact factor: 0.987】 10.1097/JNR.0000000000000258 第三作者
17. 姜月桃、張綺紋、鄭巧晨、邱雅儀、林淑芳、**余幸宜***(2018) · 運用心智圖教學法於兒科護理臨床實習教學 · *源遠護理雜誌*，12(2)，50-57。通訊作者
18. **Yu, H. Y.**, Lou, J. H., Eng, C. J., Yang, C. I., Lee, L. H. (2018). Organizational Citizenship Behavior of Men in Nursing: Career Stage Perspectives. *Collegian*, 25(1), 19-26. 【Category: Nursing; 2017; SSCI 60/115, SCI: 63/118; Impact factor: 1.153】 doi10.1016/j.colegn.2017.02.003 第一作者
19. Yang, C. I., **Yu, H. Y.**, Chin, Y. F., Li, L.H. (2017). There's nothing wrong with being a nurse: the experiences of male nursing students in Taiwan. *Japan Journal of Nursing Science*,

14(4),332-340. DOI:10.1111/jjns.12162 【Category: Nursing; 2016; SSCI:99/114, SCI: 102/116; Impact factor: 0.554】第二作者

20. 張綺紋、余幸宜、姜月桃、陳紀雯、羅福松、李雅婷、李鈺玢(2017)．多方觀點看第一型糖尿病個案之轉換期經驗．*長庚護理雜誌*，28(2)，219-228。
21. 張綺紋、姜月桃、余幸宜* (2017)．兒童治療性遊戲臨床運用之探討．*源遠護理雜誌*，11(1)，44-51。通訊作者
22. 姜月桃、余幸宜、張綺紋、陳紀雯(2016)．16-25 歲第一型糖尿病轉換期之疾病衝擊與照護趨勢．*長庚護理雜誌*，27(3)，342-352。第二作者
23. Yu, H. Y., Tang, F. I., Chen, I. J., Yin, Teresa, J. C., Chen, C. C. & Yu, S. (2016). Nurse administrators' intentions and considerations in recruiting inactive nurses. *Journal of Nursing Management*, 24(5), 589-597. 【Category: Nursing; 2015; SSCI:17/114, SCI: 19/116; Impact factor: 1.72】DOI: 10.1111/jonm.12361 第一作者
24. Yu, H. Y., Tang, F. I., Chen, I. J., Yin, Teresa, J. C., Chen, C. C. & Yu, S. (2016). Inactive nurses in Taiwan: human capital, intention to return to hospital nursing, and incentives for returning. *Journal of Nursing Management*, 24(3), 347-356. 【Category: Nursing; 2015; SSCI:17/114, SCI: 18/116; Impact factor: 1.72】DOI:10.1111/jonm.12328. 第一作者
25. Hsu, H. S., Yu, H. Y., Lou, J. H., & Eng, C. J. (2015). Relationships among sexual self-concept and sexual risk cognition toward sexual self-efficacy in adolescents: a cause-and- effect model testing. *Japan Journal of Nursing Science*, 12(2),124-134. 【Category: Nursing; 2015; SSCI:103/114, SCI: 106/116; Impact factor: 0.458】DOI:0.1111/jjns.12056 第二作者
26. 余幸宜、許秀月、吳麗瑜(2014)．由戶外活動與視力關係之實證研究談台灣學童視力保健之防治．*台灣健康照顧學刊*，16，109-126。第一作者
27. Chen, S. H., Yu, H. Y., Hsu, H. Y., Lin, F. C.,& Lou, J. H. (2013). Organisational support, organisational identification, and organisational citizenship behaviour among male nurses. *Journal of Nursing Management*, 21(8), 1072-1082. 【Category: Nursing; 2012; SCI:19/103; Impact factor: 1.454】DOI: 10.1111/j.1365-2834.2012.01449. 第二作者
28. Chen, S. H., Fu, C.M., Lou, J. H., Li, R. H., & Yu, H. Y.* (2012). Relationships among social support, professional empowerment and nursing career development of male nurses. *Western Journal of Nursing Research* ,34(7), 862-882. 【Category: Nursing; 2012;, SCI: 30/103; Impact factor: 1.217】通訊作者。
29. Yu, H. Y., Tan, F. I., Yeh, M. C., Kuo, B. I. T., & Yu, S.(2011). Use, Perceived Effectiveness and Gender Differences of Pain Relief Strategies among the Community-dwelling Elderly in Taiwan. *Pain Management Nursing*,12(1), 41-49. 【Category: Nursing; 2011; SSCI:26/97, SCI: 30/99; Impact factor: 1.145】第一作者。

30. Lou, J. H., Chen, S. H., Li, R. H., & **Yu, H. Y.*** (2011). Relationships between sexual self-concept, sexual risk cognition, and sexual communication amongst adolescents: A structural equation model. *Journal of Clinical Nursing*, 20, 1696-1704. 【Category: Nursing; 2011; SSCI:30/97, SCI: 34/99; Impact factor: 1.118】 通訊作者。
31. Lou, J. H., Li, R. H., **Yu, H. Y.**, & Chen, S. H.(2011). Relationships among self-esteem, job adjustment and service attitude amongst male nurses: a structural equation model. *Journal of Clinical Nursing*, 20, 864-872. 【Category: Nursing; 2011; SSCI:30/97, SCI: 34/99; Impact factor: 1.118】 第三作者
32. Lou, J. H., Chen, S. H., **Yu, H. Y.**, Lin, Y. C., & Li, R. H. (2010). Sexual cognitive predictors of junior college adolescents' sexual communication: medicine students' perspectives. *Journal of Nursing Research*, 18(4), 290-298. (SSCI Journal), 第三作者。
33. Hsu, H. S., Chen, S. H., **Yu, H. Y.**, & Lou, J. H. (2010). Job stress, achievement motivation and occupational burnout among male nurses. *Journal of Advanced Nursing*, 66(7), 1592-1607. 【Category: Nursing; 2011; SSCI:11/97, SCI: 12/99; Impact factor: 1.477】 第三作者。
34. Lou, J. H., Chen, S. H., **Yu, H. Y.**, Li, R.H., Yang, C. I., & Eng, E. J. (2010). The Influence of Personality Traits, Social Support on Life Stress of Male Nursing Students: A Cross-Sectional Research Design. *Journal of Nursing Research*, 18(2), 108-116. (SSCI Journal). 第三作者。
35. Lou, J. H., **Yu, H. Y.**, Chen, S. H. (2010). Factors affecting the career development of male nurses in Taiwan: a structural equation model. *Journal of Advanced Nursing*, 66(4), 900-910. 【Category: Nursing; 2011; SSCI:11/97, SCI: 12/99; Impact factor: 1.477】 第二作者。
36. 駱俊宏、陳勝皇、**余幸宜**、許秀月(2010)·以性別為基礎探析自尊對男性護理人員於臨床護理之影響·台灣健康照顧學刊，8，23-37。 第三作者。
37. Lou, J. H., **Yu, H. Y.**, Hsu, H. Y., & Dai, H. D. (2007). A Study of role stress, organizational commitment and intention of turnover for male nurses in southern Taiwan. *Journal of Nursing Research*, 15(1), 43-53. (SSCI Journal). 第二作者。
38. **余幸宜**、許秀月、駱俊宏（2007）·從賦權觀點探析移植病友團體之現況發展與困境·高雄護理雜誌，24(1)，82-90。 第一作者。
39. **Yu, H. Y.**, Tan, F. I., Kuo, B. I. T., & Yu, S.(2006). Prevalence, interference and risk factors for chronic pain among Taiwanese community older people. *Pain Management Nursing*, 26(2), 2-11. (SCI/SSCI Journal; 8/60=13.33 %; Impact factor: 1.537.) .第一作者。
40. 駱俊宏、**余幸宜**、林宜靜、許秀月(2006)·從健康促進觀點探析社區老人憂鬱症現況與預防·台灣健康照顧研究學刊，1(1)，47-58。 第二作者。
41. 駱俊宏、吳娟娟、黃貞裕、**余幸宜**(2006)·愛情態度對心理健康的影響·敏惠學報，3，41-56。 第四作者。

42. 駱俊宏、余幸宜、許秀月（2006）．幼兒性教育教學現況分析與課程設計之探究．*幼兒保育學刊* 4(1)，93-105。第二作者。
43. 余幸宜、于漱、李蘭（2004）．老年人之健康促進．*台灣醫學*，8(4)，582-588。第一或通訊作者。
44. 于漱、余幸宜(2003)．社區老人慢性疼痛問題及其處理．*護理雜誌*，50(3)，43-48。第二作者。
45. 于漱、余幸宜、李蘭(2002)．老人受虐與暴力問題—法律政策面與實務面之探討．*護理雜誌*，49(6)，26-33。第二作者。