



姜月桃

助理教授

學歷

PhD 長庚大學臨床醫學研究所(2014)

MS 輔仁大學護理研究所(2006)

BS 輔仁大學護理學系(2000)

聯絡方式

電話: 03-2118800分機3866

email: lisachiang@mail.cgu.edu.tw

研究領域

healthcare needs、health promoting behaviour、exercise behaviour、type 1 diabetes、congenital heart disease、adolescent development、nursing education

教學

兒科護理學、兒科護理實習、人類發展學、高級婦女兒童健康護理學及實習、護理專業問題研討

研究計畫

- 「帶著第1型糖尿病轉大人」互動式podcast節目發展及介入成效評估:混合型研究之延續計畫 (PI,2025/08/01- 2026/07/31)
- 數位職涯行動應用程式對護理學生職涯規劃與職涯軌跡的成效評估:一項隨機對照實驗 (co-PI,2025/08/01- 2027/07/31)
- 結合雲端技術APP、腸道菌叢檢測及多體學等先進科技探討台灣肥胖青少年非酒精性脂肪肝精準醫療的策略—探討結合遠距醫療、雲端技術及APP 科技介入青少年肥胖體重控制的成效 (3/3)(co-PI,2024/08/01- 2025/07/31)
- 建立成功的護理職涯:男性護理人員職涯規劃行動應用程式的成效評估-隨機雙盲對照實驗 (co-PI,2024/08/01- 2025/07/31)
- 結合雲端技術APP、腸道菌叢檢測及多體學等先進科技探討台灣肥胖青少年非酒精性脂肪肝精準醫療的策略—探討結合遠距醫療、雲端技術及APP 科技介入青少年肥胖體重控制的成效 (2/3)(co-PI,2023/08/01- 2024/07/31)
- 建立成功的護理職涯:男性護理人員職涯規劃行動應用程式的開發及成效評估-延續計畫 (co-PI,2023/08/01- 2024/07/31)

- 「帶著第1型糖尿病轉大人」互動式podcast節目發展及介入成效評值:混合型研究(PI,2023/08/01-2024/07/31)
- 結合雲端技術APP、腸道菌叢檢測及多體學等先進科技探討台灣肥胖青少年非酒精性脂肪肝精準醫療的策略－探討結合遠距醫療、雲端技術及APP 科技介入青少年肥胖體重控制的成效(1/3)(co-PI,2022/08/01- 2023/07/31)
- 16-25歲第一型糖尿病患者「健康照護總裁」行動應用程式發展與成效評值之研究:延續計畫(1)(PI,2020/8/1- 2022/7/31)
- 探討 16-25 歲第 1 型糖尿病患者之健康照護需求及影響因素之研究(CMRPD1K0461)(PI,2020/10/1-2020/9/30)
- 16-25歲第一型糖尿病患者「健康照護總裁」行動應用程式發展與成效評值之研究:延續計畫(PI,2019/8/1- 2020/10/31)
- 16-25歲第一型糖尿病患者「健康照護總裁」行動應用程式發展與成效評值之研究(PI,2018/8/1-2019/7/31)
- 探討16-25歲第一型糖尿病轉換期病患之生活經驗及健康照護需求之研究(PI,2017/8/1-2018/7/31)
- The predictive model of transiently lost to followup among patients with congenital heart disease in Taiwan(2012-2017)
- Needs of adolescents and young adults with congenital heart disease regarding transitional care: Delphi method. (2013/8-2014/7)
- Living experiences in adolescent to early adulthood patients with congenital heart disease. (2012/8- 2013/7)
- Self-regulation theory on exercise for adolescents with congenital heart disease. (2011/8-2012/7)
- Exercise experience for adolescents with mild congenital heart disease. (2010/8-2011/7)
- The life cultivation of nursing education touched by care, concern and compassion. (2005/8-2007/7)
- Parents' caring experiences of children with Prader-Willi syndromes in Taiwan. (2004/7-2005/5)

1. Chang, Y. L., Hsieh, M. J., Chang, Y. C., Ma, C. T., **Chiang, Y. T.**, Yu, H. Y., Chen, C. Y., & Tsai, Y. F. (2025). Efficacy of simulation-based education on intensive care nurses' knowledge, self-efficacy, and critical thinking in delirium care: A randomised controlled trial. *Australian Critical Care*, 38(6), 101447.
<https://doi.org/https://doi.org/10.1016/j.aucc.2025.101447> (SSCI/SCIE, Impact Factor 2.723: Nursing: Q1, Percentile 85.9)
2. **Chiang, Y. T***, Lo, F. S., Yu, H. Y., Chen, C. W., & Moons, P. (2025). Efficacy of the online interactive podcast program "living with type 1 diabetes to grown-up": A two-arm randomized controlled trial protocol. *Journal of diabetes research*, 2025(1), 4866975.
<https://doi.org/https://doi.org/10.1155/jdr/4866975> (SCIE, Impact Factor 3.4; Medicine, Research & Experimental: Q2, 75/195= 61.8; Endocrinology & Metabolism: Q2, 75/191= 61)(NSTC 112-2314-B-182-012; Chang Gung University, NMRPD1N0061.)
3. Yu, H. Y*, Tseng, I. H., Chin, Y. F., Li, R. H., Shen, Y. C., Lee, L. H., Yang, C. I., Chang, Y. L., **Chiang, Y. T***. (2025). Development and initial validation of a role strain scale for male nursing students. *Nurse Educ Today*, 147, 106607. (SSCI, Nursing, IF= 3.6, SSCI 9/193 = 4.4%, Q1.)
4. **Chiang, Y.T***, Yu,H.Y., Tsay, P.K., Chen, C. W., Chi-Wen Chang, Hsu, C. L., Lo, F. S.,& Moons, P. (2025). Effectiveness of user-centered "Healthcare CEO" app for type 1 diabetes patients transitioning from adolescence to early adulthood: protocol for a randomized control trial study. *JMIR Research Protocol*, Vol 14 (2025). (ESCI, 5 Year Impact Factor =1.5). (MOST 109-2314-B-182-057-MY2; NMRPD1K1021)
5. Liang, J.S., Lin, H.-Y., Chen, Y.J., Lai, F.C., Liu, H.-M., Yang, C.Y., **Chiang, Y.T.**, & Chen, C.-W. (2024). Nurses' perspectives on child-friendly care needs in emergency departments: A qualitative study. *International Emergency Nursing*, 73, 101402.
<https://doi.org/https://doi.org/10.1016/j.ienj.2023.101402> (SSCI, IM: 2.6, Q2, Nursing, 66/193=66.1, Q2)
6. Chien, M. J., Chien, C. H., Huang, X. Y., & **Chiang, Y. T.** (2023). The life experiences of women with interstitial cystitis/bladder pain syndrome: A qualitative phenomenological study. *Journal of Advanced Nursing*, 10.1111/jan.15754. Advance online publication.
<https://doi.org/10.1111/jan.15754>. (SSCI, IF=3.4, Nursing, 15/193=92.5, Q1).
7. **Chiang, Y. T***, Chang, C. W., Yu, H. Y., Tsay, P. K., Lo, F. S., Chen, C. W., Lin, W. Y., Hsu, C. L., An, C., & Moons, P. (2023). Developing the "Healthcare CEO App" for patients with type 1 diabetes transitioning from adolescence to young adulthood: A mixed-methods study. *Nursing open*, 10(3), 1755–1766. <https://doi.org/10.1002/nop2.1432> (SSCI, IF: 2.3, Nursing, 44/193= 77.5, Q1) (MOST 108-2314-B-182-022; NMRPD1J0341)
8. * **Chiang, YT***, Tsay, PK., Chen, CW., Hsu, CL., Yu, HY., Chang, CW., * Lo, FS., & Moons, P. (2021). A Delphi study on the healthcare needs of patients with type 1 diabetes during the transition from adolescence to adulthood: Consensus among patients, primary

- caregivers, and healthcare providers. *International Journal of Environmental Research and Public Health*, 18(13), 7149. <https://www.mdpi.com/1660-4601/18/13/7149> (Yuehtao Chiang and Fusung Lo contributed equally to this article.) (Public, Environmental & Occupational (Health, SSCI, IF= 3.390, Q1, 41/176=23.3%) (MOST 107-2314-B-182-069; NMRPD1H0881)
9. Yu, H. Y. *, Huang, C. H., Chin, Y. F., Shen, Y. C., Chiang, **Y. T.**, **Chang**, C. W., & Lou, J. H. * (2021). The mediating effects of nursing professional commitment on the relationship between social support, resilience, and intention to stay among newly graduated male nurses: A cross-sectional questionnaire survey. *International Journal of Environmental Research and Public Health*, 18, 7546. <https://doi.org/10.3390/ijerph18147546> (Public, Environmental & Occupational Health, SSCI, IF= 3.390, Q1, 41/176=23.3%) (MOST 108-2314-B-182 -059; NMRPD1J1031)
 10. Yu, H. Y., Chang, C. W., Yang, M. L., Shen, Y. C., **Chiang, Y. T.***, Chien, C. H. (2021). Quality of Life and measures in Children with intermittent exotropia: A systematic review and meta-analysis. *The Journal of Taiwan Association for Medical Informatics*. 30(2), 41-58.
 11. **Chiang, Y.T***, Yu, H.Y., Lo, F.S., Chen, C.W., Huang, T.T., Chang, C.W., & Moons, P. (2020). Emergence of a butterfly: The life experiences of type 1 diabetes Taiwanese patients during the 16–25 years old transition period. *International Journal of Qualitative Studies on Health and Well-being*, 15(1), 1748362. doi:10.1080/17482631.2020.1748362 (Nursing, SSCI, IF=1.464, 48/118=40.68%, Q2) (MOST 106-2314-B-182-063) (NMRPD1G1381)
 12. Chen, Y. J., Wang, J. K., Liu, C. Y., Yang, C. Y., **Chiang, Y. T.**, & Chen, C. W. (2020). Healthcare needs and quality of life in youths with congenital heart disease: Health-promoting behaviors as a mediator. *Journal of Pediatric Nursing*, 50, e113-e118. (Nursing, SSCI, IF=1.495, 50/121=41.32%, Q2) (MOST 106-2314-B-182-063) (MOST-103-2314-B-030-003-MY3)
 13. Hsu, H. M., Chu, C. M., Chang, Y. J., Yu, J. C., Chen, C. T., Jian, C. E., Lee, C.Y., **Chiang, Y.T.**, Chang, C.W., & Chang, Y. T. (2019). Six novel immunoglobulin genes as biomarkers for better prognosis in triple-negative breast cancer by gene co-expression network analysis. *Scientific reports*, 9(1), 1-12. (Multidisciplinary Sciences, 10/63 (Q1), SCI, IF=3.998, 17/71=23.94%, Q1)
 14. **Chiang, Y. T***, Chang, C.W., Zheng, Q. C Chiu, Y.Y., Yu, H. Y., & Lin, S. F. (2018). Mind mapping: A creative development in pediatric nursing practice. *Yuan-Yuan Nursing*, 12(2),50-57. (Chinese).
 15. Chang, C.W., **Chiang, Y. T.**, & Yu, H. Y. (2017). Clinical application of therapeutic play in children. *Yuan-Yuan Nursing*, 11(1), 44-51. DOI: 10.6530/YYN (Chinese).
 16. Chen, C. W., Su, W. J., **Chiang, Y. T.**, Shu, Y. M., & Moons, P. (2017). Healthcare needs of adolescents with congenital heart disease transitioning into adulthood: a Delphi survey of patients, parents, and healthcare providers. *European Journal of Cardiovascular Nursing*, 16(2), 125-135. (Nursing, SCI, IF=2.296, 11/123=8.94%, Q1)
 17. Chang, C.W., Yu, H.Y., **Chiang, Y.T***, Chen, C.W. & Lo, F.H. (2017). Multiple perspectives of transitional experiences among patients with type 1 diabetes. *Chang Gung Nursing*, 28 (2),219-228. (Chinese)

18. **Chiang Y. T*.,** Yu, H.Y., & Chang, C.W. (2016). Impact of type 1 diabetes during the transition phase on patients aged between 16 and 25 and the nursing trends. *Chang Gung Nursing*, 27 (3), 342-352. (Chinese).
19. **Chiang, Y.T*.,** Chen, C.W., & Chen, Y.C. (2015). Between invisible defects and visible impact: the living experiences of adolescents and young adults with congenital heart disease. *Journal of Advanced Nursing*, 71(3), 599-608. (Nursing, SCI, IF=2.561, 6/123=4.88%, Q1)
20. Chen, C. W., Su, W. J., Wang, J. K., Yang, H. L., **Chiang, Y. T.,** & Moons, P. (2015). Physical self-concept and its link to cardiopulmonary exercise tolerance among adolescents with mild congenital heart disease. *European Journal of Cardiovascular Nursing*, 14(3), 206-213. (Nursing, SCI, IF=2.296, 11/123=8.94%, Q1)
21. **Chiang, Y.T*.,** Lu, C.W., Su, W.J., Tsay, P.K., Wang, J.C., & Chen, C.W. (2013). Designing a self-regulated program of exercise for adolescents with congenital heart disease. *Fu-Jen Journal of Medicine*, 11(3), 225-236. (Chinese)
22. **Chiang, Y.T*.,** Chen, C.W., Tsay, P.K., Chen, C.M., & Tang, S.T. (2012). Literature review of the prevalence of end-of-life symptoms in children. *VGH Nursing*, 29(4), 374-381. (Chinese)
23. **Chiang, Y.T*.,** Chen, C.W., & Chen, Y.C. (2011). From limitation to mastery: Exercise experience for adolescents with mild congenital heart disease. *Journal of clinical Nursing*, 20, 2266-2276. (Nursing, SCI, IF=1.972, 23/123=18.69%, Q1)
24. Shiau, S.J., **Chiang, Y.T.,** Huang, Y.C., & Chiu, P.R. (2009). To explore the embracing 3C in the master course of nursing theory. *Fu-Jen Journal of Medicine*, 7(1), 9-16. (Chinese)
25. Shiau, S.J., **Chiang, Y.T.,** Huang, Y.C., & Chiu, P.R., Feng, R.F., Heh, S.C., & Chen, C.W. (2006). The life cultivation of nursing education touched by care, concern and compassion. *Journal of Medical Education*, 10(1), 1-7.

1. ^{*}**Chiang, Y. T.**, Lo, F. S. (2025, Jul). A Solitary Weight Loss Journey: Exploring the Lived Experiences and Perceptions of Obese Adolescents. 36th International Nursing Research Congress, Seattle, Washington, USA. (NSTC 111- 2314-B-182A-141-1)
2. ^{*}Yu, H. Y., Shen, Y. C., & ^{*}**Chiang, Y. T.** . (2025, Jun, 09-13). Building your successful nursing career: a protocol of a career planning mobile application for male nurses - a randomized double-blind controlled trial. [e-poster presentation]. The 30th ICN Congress, Helsinki, Finland.
3. ^{*}Yu, H. Y., Shen, Y. C., **Chiang, Y. T.**, Chao, Y. P., Lou, J. H., & Dai, H. T. (2025, Jun, 09-13). Seeking a better future under pressure: The career planning experiences of male nurses in Taiwan [e-poster presentation]. The 30th ICN Congress, Helsinki, Finland.
4. ^{*}**Chiang, Y. T.**, Lo, F. S. & Yu, H. S. (2025, Jun). Developing an Online Interactive Podcast Program “Living with Type 1 Diabetes to Grown- Up” for adolescents transitioning to young adults: A Mixed-Methods. ICN 2025 Congress 112-2314- B-182-012-, Helsinki, Finland. (NSTC NMRPD1N0061; NMRPD1N0061)
5. Yu, H. Y., **Chiang, Y. T.**, Shen, Y. C. & Lou, J. H. (2024, Oct). Career Planning, Career Self-Efficacy, and Career Success for Newly Graduated Male Nurses. 9th International Nurse Education Conference, Singapore. (Co-Author)
6. Yu, H. Y., **Chiang, Y. T.**, Shen, Y. C. & Lou, J. H. (2024, Oct.). The Career Planning of Newly Graduated Male Nurses in Taiwan: A Cross-Sectional Study.. 9th International Nurse Education Conference, Singapore.
7. ^{*}**Chiang, Y. T.** . F.S. Lo, H.Y. Yu, C.W. Chen. (2024, Sep). Effectiveness of the ‘Healthcare CEO’ App for Type 1 Diabetes Patients Transitioning From Adolescence to Early Adulthood: A Pilot Study with Mixed Methods. ICN NP/ APN Network Conference, Aberdeen, UK. MOST 109-2314-B-182-057-MY2.
8. **Chiang, Y. T.*** & Lo, F. S. (2023). Health care needs of Youth with type 1 diabetes: Instrument development and validation. 34th Sigma International Nursing Research Congress. Abu Dhabi, United Arab Emirates, 19 July- -24 July 2023.
9. **Chiang, Y. T.*** & Lo, F. S. (2022). Developing a mobile application for adolescents and young adults with type 1 diabetes 33th Sigma International Nursing Research Congress. Edinburgh, Scotland, 21 July - 25 July, 2019. (poster presentation, An excellent poster and an invitation to give an oral presentation.) (MOST 108-2314-B-182-022)
10. **Chiang, Y. T.***, Chang, C.W., Yu, H.Y., & Lo, F.S. (2020). Healthcare needs of 16-25-Year-Old Patients with Type 1 Diabetes: A Delphi Survey. 31th Sigma International Nursing Research Congress, Abu Dhabi, United Arab Emirates, 23 July - 27 July 2020.

(poster presentation, Accepted on 01/29/2020) (MOST 107-2314-B-182-069)
(NMRPD1H0881)

11. **Chiang, Y.T*.,** Chang, C.W., Yu, H.Y., & Lo, F.S. (2019). The Life Experiences of 16-25-Year-Old Patients with Type 1 Diabetes. 30th Sigma International Nursing Research Congress, Calgary, Alberta, Canada, July 25 - 29, 2019. (poster presentation) (MOST 107-2314-B-182-069, NMRPD1H0881)
12. **Chiang, Y.T*.,** Chang, C.W., Yu, H.Y., & Lo, F.S. (2018). Healthcare Needs of 16-25-year-old Patients with Type 1 Diabetes: Meta-Synthesis. 29th Sigma International Nursing Research Congress, Melbourne, Australia, 19 July - 23 July 2018. (poster presentation)(MOST 106-2314-B-182-063, NMRPD1G1381)
13. **Chiang, Y.T*.,** Chang, C.W., Yu, H.Y., & Lo, F.S. (2017). Life Experience of Patients with Type 1 Diabetes from Late Adolescence to Early Adulthood: Meta-synthesis. ICN 2017, Barcelona, Spain, 27 May -1 June 2017. (poster presentation)
14. **Chiang, Y.T*.,** Chang, C.W., Yu, H.Y., & Lo, F.S. (2016). The Impacts and Care Trends of Type 1 Diabetes during the Transition Phase on Patients Aged between 16 to 25. 11th IDF-WPR Congress & 8th AASD Scientific Meeting, Taipei, Taiwan, 27-30 Oct 2016. (poster presentation)
15. **Chiang, Y.T*.,** & Tsay, P.K. (2016). The Predictive model of transiently lost to follow-up among patients with congenital heart disease in Taiwan. 10th Global Nursing & Healthcare Conference, Sao Paulo, Brazil, 18-19 Aug 2016. (oral presentation, The best presentation reward)
16. Chen, C.W., & **Chiang, Y.T.** (2015). Health care needs in adolescents into young Adults with congenital heart disease: A Delphi survey of patients, parents, and health care providers. European Society of Cardiology, London, UK, Aug 2015. (Best Poster Presentation reward)
17. **Chiang, Y.T*.,** Chang, C.W., Yu, H.Y. (2014). Needs of adolescents and young adults with congenital heart disease regarding transitional care. Asia-Pacific Nursing Research Conference, Taipei, Taiwan, Sep 2014 (poster presentation) (Best Poster Presentation).
18. Chen, C.W., & **Chiang, Y.T.** (2014). Between invisible defects and visible impacts: The living experience of adolescents and young adults with congenital heart disease. 8th ICN INP/APNN Conference, [Helsinki](#), Finland, Aug 2014. (poster presentation).
19. **Chiang, Y.T*.** (2007). Parents' Caring Experiences of Children with Prader-Willi Syndrome in Taiwan. 23rd Annual Nursing Research Conference, Taichung, Taiwan, Sep 2007 (poster presentation)