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研究領域

復健護理、症狀管理、慢性病控制、混合型研究法

教學

社區衛生護理學及實習、公共衛生概論、護理科學的探索、醫療專業之團隊協作、研究倫理

研究計畫

- Adaptation to Fatigue and Trajectory of Physical Function among Stroke Survivors. Funded by Southern Nursing Research Society & Sigma Theta Tau International Alpha Alpha Chapter (USA). Role: Primary Investigator. 2022-2023.

1. **Teng, C. H.**, Anderson, R. A., Zou, B., Wu J. R., Phonyiam, R., Bryant, A. L., Lutz, B. J., Davis, L. L. Interrelationship between fatigue and recovery of physical function: A longitudinal mixed-methods study. Accepted by *European Journal of Physical and Rehabilitation Medicine* (In press).
2. **Teng, C. H.**, Chen, S. Y., Wei, Y. C., Hsu, R. B., Chi, N. H., Wang, S. S., Chen, Y. S., Chen, C.C. H. (2025). Frailty after cardiac surgery: For better or for worse. *European Journal of Cardiovascular Nursing*. DOI: [10.1093/eurjcn/zvaf089](https://doi.org/10.1093/eurjcn/zvaf089). PMID: 40504037
3. **Teng, C. H.**, Anderson, R. A., Lutz, B. J., Phonyiam, R., Bryant, A. L., Wu, J. R., Zou, B., Davis, L. L. (2025). Fatigue adaptation among stroke survivors and the role of care partners in fatigue adaptation: A longitudinal qualitative analysis. *Research in Nursing and Health*. doi:[10.1002/nur.70005](https://doi.org/10.1002/nur.70005). PMID: 40586732.
4. Phonyiam, R., **Teng, C. H.**, Sullivan, C. S., et al. (2025). Breastfeeding barriers and facilitators in Thai postpartum women with type 2 diabetes mellitus. *Nutrition and Health*. <https://doi.org/10.1177/02601060251371840> PMID: 40953190
5. Phonyiam, R., **Teng, C. H.**, Cortés, Y. I., Sullivan, C. S., Palmquist, A. E. L., Hodges, E. A., Baernholdt, M. (2025). "Feeding the baby breast milk shouldn't be a problem" breastfeeding confidence and intention in pregnant persons with type 2 diabetes mellitus from Thailand. *PLOS Glob Public Health*. 5(2):e0004205. doi: 10.1371/journal.pgph.0004205. PMID: 39951457.
6. Phonyiam, R., **Teng, C. H.**, Sullivan, C. S., Palmquist, A. E. L., Hodges, E. A., Cortés, Y. I., Baernholdt, M. (2025). Challenges and support factors in managing type 2 diabetes among pregnant women in Thailand: A convergent mixed-methods study. *Belitung Nursing Journal*. 11(1). doi: 10.33546/bnj.3639
7. Shieu B. M., **Teng, C. H.**, Cho Y., et al. (2023) Comparing the experience of people with mild cognitive impairment and those with mild dementia during a carepartner-assisted oral hygiene intervention: a qualitative study. *Innovation in Aging*. doi: [10.1093/geroni/igad123](https://doi.org/10.1093/geroni/igad123)
8. **Teng, C. H.**, Phonyiam, R., Davis, L. L., Anderson, R. A. (2022). Adaptation to poststroke fatigue in stroke survivors and their care partners: A scoping review. *Disability and Rehabilitation*, 1-15. doi: [10.1080/09638288.2022.2084775](https://doi.org/10.1080/09638288.2022.2084775)
9. **Teng, C. H.**, Hsu, R. B., Chi, N. H., et al. (2021). Effects of slowness, frailty, insufficient intake, and delirium in patients following cardiac surgery: A cohort study. *The Journal of Cardiovascular Nursing*, 36(6), 556-564. doi: [10.1097/JCN.0000000000000797](https://doi.org/10.1097/JCN.0000000000000797)
10. **Teng, C. H.**, Chen S. Y., Wei Y. C., et al. (2019). Effects of sarcopenia on functional improvement over the first year after cardiac surgery: A cohort study. *European Journal of Cardiovascular Nursing*, 18(4), 309-317. doi: [10.1177/1474515118822964](https://doi.org/10.1177/1474515118822964)

國際研討會論文

1. **Teng, C. H.** & Phonyiam, R. Navigating longitudinal mixed-methods research as early career nursing scholars: Lessons from real-world studies. **ABSTRACT** accepted by *17th World Stroke Congress 2025* for e-poster highlights session from October 22 to 24, 2025 (Barcelona, Spain). doi: [10.1177/17474930251371440](https://doi.org/10.1177/17474930251371440)
2. Cho, Y., Dictus, C., Chan, Y. N., **Teng, C. H.**, Shieu, B., Wang, J., Crowder, V., Anderson, R. A., Plassman, B. L., Beeber, A., Bryant, A. L., & Wu, B. Adapting to Change: Care Partner

Challenges and Strategies in Mild Cognitive Impairment and Mild Dementia. **ABSTRACT** accepted by *Gerontological Society of America 2025 Annual Meeting* for paper presentation from November 12 to 15, 2025 (Boston, MA, USA).

3. Crowder, V., Cho, Y., **Teng, C. H.**, Batchelor, M., Beeber, A., Coombs, L., Richardson, D., Ashley Bryant A. (2024). Mealtime experiences during AML/MDS treatment: longitudinal qualitative study preliminary results. **ABSTRACT** accepted by *2024 The Gerontological Society of America* (Seattle, WA, USA; Nov 13-16). *Innovation in Aging*. 8(Supplement_1), 1337-1337. doi: [10.1093/geroni/igae098.4267](https://doi.org/10.1093/geroni/igae098.4267)
4. **Teng, C. H.**, Anderson, R. A., Lutz, B. J., et al. (2024). 'I am assuming there is nothing they can do about fatigue': Interactions between stroke survivors, care partners, and healthcare providers. *Cerebrovasc Dis*. 2024; 53 (suppl 1): 238 **ABSTRACT** accepted by Asia Pacific Stroke Conference 2024 (Adelaide, Australia, Sep 25-28). <https://doi.org/10.1159/000541320>
5. Davis L. L., **Teng C. H.**, Wills J., et al. (2024) A digital health intervention using prospective symptom monitoring with data visualization of reported symptom trends improves symptom management in women with a recent ACS Event. **ABSTRACT** accepted by *2024 American College of Cardiology Annual Scientific Session* (Atlanta, GA; Apr 6-8, 2024). Doi: [10.1016/S0735-1097\(24\)04674-6](https://doi.org/10.1016/S0735-1097(24)04674-6)
6. **Teng, C. H.**, Davis, L. L., Anderson, R. A., Bryant, A. L. Understanding the experience of fatigue poststroke: Preliminary results from a mixed-methods longitudinal study. **ABSTRACT** accepted by *International Stroke Conference 2023* (Dallas, TX; Feb 8-10, 2023). doi: [10.1161/str.54.suppl_1.WMP16](https://doi.org/10.1161/str.54.suppl_1.WMP16)
7. **Teng, C. H.**, Phonyiam, R., Davis, L. L., Anderson, R. A. (2021). Fatigue adaptation among stroke survivors: A scoping review. *Stroke*. 52: AP115. (**ABSTRACT** from a virtual presentation at the *International Stroke Conference 2021* (American Heart Association; Mar 2021). doi: [10.1161/str.52.suppl_1.P115](https://doi.org/10.1161/str.52.suppl_1.P115)
8. **Teng, C. H.**, Anderson, R. A., Davis, L. L. (2021). Research applying Adaptive Leadership Framework for Chronic Illness across settings of care: Using a theoretical framework in a qualitative meta-summary about fatigue adaptation after stroke. *Innovation in Aging*. 5 (S1): 171. (**ABSTRACT** from the virtual 2021 Gerontological Society of America Annual Scientific Meeting, Nov 2021). doi: [10.1093/geroni/igab046.649](https://doi.org/10.1093/geroni/igab046.649)
9. Davis L. L., **Teng C. H.**, Tippey K. Conversion of a face-to-face educational intervention to electronic delivery offers increased access to women with a history of acute coronary syndromes. *Circulation*. 2021: 144:A13575. (**ABSTRACT** from a virtual presentation at the 2021 American Heart Association Scientific Sessions Quality of Care & Outcomes Research session, Nov 2021). doi: [10.1161/circ.144.suppl_1.13575](https://doi.org/10.1161/circ.144.suppl_1.13575)