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研究領域

精神衛生護理、苯二氮平藥物使用與焦慮失眠、
菸害防治

教學

精神衛生護理學、適應與心理健康、教學原理與方法、
生命倫理、諮商理論與技術

研究計畫

- 覺得需要或真的需要？透過正念取向介入措施建構自我掌控感以及對苯二氮平受器促進劑減藥暨停藥的成效(NSTC 112-2314-B-182-011 · 112-113)
- 2018 戒菸就贏比賽後一年追蹤調查 (衛生福利部國健署計畫 · 2019)
- 探討思覺失調症患者之社會支持、生活品質與症狀緩解之相關性 (CMRPD1H0331 · 2018-2019)
- 憂鬱/焦慮症患者中斷使用苯二氮平類藥物、失眠與焦慮狀態、及相關影響因素之長期追蹤研究暨停藥介入成效評估(MOST 106-2314-B-182 -039 - MY3 · 2017-2020)
- 探討憂鬱及焦慮症患者長期使用苯二氮平藥物 (BZD)之相關因素 (MOST 104-2314-B-182-067 · 2014-2016)

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3. **Yu-Ting Chen**, Chia-Yih Liu, Chia-Ming Chang, Yu-Ming Lai, Bi-Hwa Wang, Tsui-Yun Yang, Shih-Chieh Hsu (2020). Perceptions, clinical characteristics, and other factors associated with prolonged and high daily dose of benzodiazepine use among patients with anxiety or depressive disorders. *Journal of Affective Disorders*, 271, Pages 215-223. <https://doi.org/10.1016/j.jad.2020.03.077>
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