



# 蕭秋月 教授

## 學歷

PhD 美國北卡羅來納大學教堂分校護理學院  
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## 研究領域

- 心理衛生護理學
- 家庭護理學

## 教學

- 精神衛生護理學(實習)、護理研究概論、實證健康照護概論、護理專業問題研討、高級心理衛生護理學(實習)、護理研究

## 獎勵

- 2025 年 美國護理科學院院士(Fellows of the American Academy of Nursing, FAAN)
- 2024 年 入選史丹佛大學「全球前 2% 頂尖科學家榜單 (World's Top 2% Scientists 2022)」的 2023 年度科學影響力排行榜
- 2023 年 入選史丹佛大學「全球前 2% 頂尖科學家榜單 (World's Top 2% Scientists 2022)」的 2022 年度科學影響力排行榜
- 2022 年 入選史丹佛大學「全球前 2% 頂尖科學家榜單 (World's Top 2% Scientists 2021)」的 2021 年度科學影響力排行榜
- 2021 年 入選史丹佛大學「全球前 2% 頂尖科學家榜單 (World's Top 2% Scientists 2020)」的 2020 年度科學影響力排行榜

## 研究計畫

- 數位共享決策措施改善思覺失調症病人和照顧者健康照護之成效 (PI, NSTC, 2024- 2027)
- 思覺失調症病人及其主要照顧者的心理健康素養、自我污名化、求助態度與健康相關生活品質的相互關係：縱貫性研究 (第二、三年) (MOST, 2022- 2024)
- 思覺失調症病人及其主要照顧者的心理健康素養、自我污名化、求助態度與健康相關生活品質的相互關係：縱貫性研究 (第一年) (MOST, 2021- 2022)
- 家庭護理教育與訓練對精神衛生護理專業及臨床成效之探討 (MOST, 2018- 2021)
- 思覺失調症患者及其主要照顧者的生活品質和家庭功能：縱貫性研究 (MOST, 2016- 2017)
- 精神分裂症患者和主要照顧者的負荷與生活品質之相關因素及短期家庭治療性溝通介入措施之成效探討 (MOST, 2014- 2016)
- 照顧是一個互動的過程：精神分裂症患者和主要照顧者之生活品質及其相關因素之探討 (NSC, 2013- 2014)
- 以家庭為中心的照護品質及其相關因素：精神科護理人員、病患和家屬之探究 (NSC, 2011- 2013)
- 精神分裂症病患之家庭照顧者與整個家庭正負向照顧 (NSC, 2010- 2011)

## 論文發表

1. **Hsiao, C. Y.**, Wu, K. Y., Chiu, K. W., Lu, H. L., Li, C. R., & Tsai, Y. F.\* (2025). Development and validation of a schizophrenia literacy scale for individuals diagnosed with schizophrenia. *Psychiatry Research*, 344, 116344. (SCI)
2. **Hsiao, C. Y.**, Lu, H. L., Wu, K. Y., Li, C. C., Li, C. R., & Tsai, Y. F.\* (2025). Family involvement in mental healthcare practice: Perspectives of mental health nurses, patients, and caregivers. *Journal of Nursing Scholarship*, 57(2), 190-203 (SCI)
3. Chen, Y. H., **Hsiao, C. Y.\***, & Chien, H. W. (2024). Attitudes Toward People With Schizophrenia Among Undergraduate Nursing Students. *Journal of American Psychiatric Nurses Association*, 30, 313-321. (SCI)
4. **Hsiao, C. Y.**, Lu, H. L., Chiu, C. K., & Tsai, Y. F.\* (2023). Factors associated with attitudes of mental health nurses toward the importance of families in mental health nursing care. *International Journal of Mental Health Nursing*. 32, 1429-1438 (SCI)

5. **Hsiao, C. Y.**, Hsieh, M. H., Chung, F. C., Chiu, S. C., Chang, C. W., & Tsai, Y. F.\* (2023). Changes in family functioning among primary family caregivers of patients with schizophrenia. *Journal of Nursing Scholarship*. 55, 967-976 (SCI)
6. **Hsiao, C. Y.**\*, Lu, H. L. (2022). High internalized stigma among community-dwelling patients with schizophrenia: Associations with sociodemographic and clinical characteristics, personality traits, and health-related quality of life. *International Journal of Mental Health Nursing*. 31, 1503-1512. (SCI)
7. **Hsiao, C. Y.**, Lu, H. L., Hsieh, M. H., & Tsai, Y. F.\* (2022). Effectiveness of a brief family strengths-oriented therapeutic conversation intervention for patients with schizophrenia and their caregivers. *Journal of Nursing Scholarship*, 54, 213-225 (SCI)
8. **Hsiao, C. Y.**, Lu, H. L., & Tsai, Y. F.\* (2022). Psychiatric morbidity and its correlates among primary family caregivers of individuals diagnosed with schizophrenia in Taiwan. *Journal of Mental Health*, 31, 487-495. (SSCI)
9. **Hsiao, C. Y.**, Lu, H. L., & Tsai, Y. F.\* (2021). Association between mutuality and health-related quality of life in patient-caregiver dyads living with schizophrenia. *International Journal of Environmental Research and Public Health*, 18(5), 2438. (SCI)
10. **Hsiao, C. Y.**, Lu, H. L., & Tsai, Y. F.\* (2020). Caregiver burden and health-related quality of life among primary family caregivers of individuals with schizophrenia: A cross-sectional study. *Quality of Life Research*, 29, 2745-2757 (SCI).
11. **Hsiao, C. Y.**, Lu, H. L., & Tsai, Y. F.\* (2020). Factors associated with family functioning among people with a diagnosis of schizophrenia and primary family caregivers. *Journal of Psychiatric and Mental Health Nursing*, 27, 572-583. (SCI)
12. **Hsiao, C. Y.**, Lu, H. L., & Tsai, Y. F.\* (2019). Factors associated with primary family caregivers' perceptions on quality of family-centered care in mental health practice. *Journal of Nursing Scholarship*, 51, 680-688. (SCI)
13. Wang, H. C., Li, C. R., Lo, C., Chiao, C. Y., **Hsiao, C. Y.**, Wu, H. S., Lee, M. C., & Liao, W. C.\* (2018). Effect of social support on changes in instrumental activities of daily living in older adults: A national population-based longitudinal study. *International Journal of Gerontology*, 13, 17-22. (SCI)
14. **Hsiao, C. Y.**, Lu, H. L., Tsai, Y. F.\* (2018). Effects of family sense of coherence on internalized stigma and health-related quality of life among individuals with schizophrenia. *International Journal of Mental Health Nursing*, 27, 138-146. (SCI)
15. Lee, C. T., **Hsiao, C. Y.**, Lee, J. F., Chen, Y. C., Nfor, O. N., Huang, J. Y., Wang, L., Ho, C. C., & Liaw, Y. P.\* (2017). Relationship between schizophrenia and low-income based on age and sex : Results from a nation-wide population-based longitudinal study. *Neuropsychiatry*, 8, 758-766.
16. **Hsiao, C. Y.**, Lee, C. T., Lu, H. L., Tsai, Y. F.\* (2017). Living with schizophrenia : Health-related quality of life among primary family caregivers. *Journal of Clinical Nursing*, 26, 5151-5159. (SCI)
17. Chiao, C. Y., & **Hsiao, C. Y.**\* (2017). Comparison of personality traits on successful aging in Older Taiwanese. *Geriatrics & Gerontology International*, 17, 2239-2246. (SSCI)
18. Chiao, C. Y., Lin, Y. J., & **Hsiao, C. Y.**\* (2017). Comparison of the Quality of Informal Care of Community-Dwelling Taiwanese Elderly. *Journal of Nursing Research*, 25, 375-382. (SCI)

19. Lee, C. T., **Hsiao, C.Y.**, Chen, C. Y., Nfor, O. N., Huang, J. Y., Wang, L., Liaw, Y. P.\*(2017). Incidence and Risk of Alcohol Use Disorder by Age, Gender, and Poverty Status : A Population-Based-10 Year Follow-up Study. *Neuropsychiatry*, 7, 640-652.

20. **Hsiao, C. Y.\***, Chien, M. R., Wu, H. S., & Chiao, C. Y. (2017). Correlates of health-promoting lifestyle behaviors among Vietnamese female immigrants in Taiwan. *Women & Health*, 53, 342-357. (SSCI)

21. **Hsiao, C. Y.**, & Tsai, Y. F.\*(2015). Factor associated with the perception of family nursing practice among mental health nurses. *Journal of Family Nursing*, 21, 508-528. (SCI)

22. Chiao, C. T., Wu, H. S., & **Hsiao, C. Y.\***(2015). Caregiver burden for informal caregivers of patients with dementia : A systematic review. *International Nursing Review*, 62, 340-350. (SCI)

23. **Hsiao, C. Y.**, Lu, H. L., & Tsai, Y. F.\* (2015). Factors influencing mental health nurses' attitudes towards people with mental illness. *International Journal of Mental Health Nursing*, 24, 272-280. (SCI)

24. **Hsiao, C. Y.**, & Tsai, Y. F.\*(2014). Factors of caregiver burden and family functioning among Taiwanese family caregivers living with schizophrenia. *Journal of Clinical Nursing*, 24, 1546-1556. (SCI)

25. **Hsiao, C. Y.**, & Tsai, Y. F.\*(2014). Caregiver Burden and Satisfaction in Families of Individuals with Schizophrenia. *Nursing Research*, 63, 260-269. (SCI)

26. **Hsiao, C. Y.\***(2014). Family demands, social support, and family functioning in Taiwanese families rearing children with Down Syndrome. *Journal of Intellectual Disability Research*, 58, 549-559. (SSCI)

27. **Hsiao, C. Y.**, Tsai, Y. F., & Kao, Y. C.\* (2013). Psychometric properties of a Chinese version of the Jefferson Scale of Empathy-Health Profession Students. *Journal of Psychiatric and Mental Health Nursing*, 20, 866-873. (SCI)

28. **Hsiao, C. Y.**, Lee, S. H., Chien, S. J., & Lin, S. C.\*(2013). Perceived knowledge and clinical comfort with genetics among Taiwanese nurses enrolled in a RN-to-BSN program. *Nurse Education Today*, 33, 802-807. (SSCI)

29. Lee, S. H., Kuo, C. P., **Hsiao, C. Y.**, Lu, Y. C., Hsu, M. Y., Kuo, P. C., Lee, M. C.\*(2013). Development of a Chinese childbearing attitude questionnaire for infertile women receiving in vitro fertilization treatment. *Journal of Transcultural Nursing*, 24, 127-133. (SCI)

30. 曾秋蓉、邱政元、顏文娟、蘇惠珍、蕭秋月\*(2012)・社區復健中心之精神分裂症患者其汙名感受、汙名因應與生活品質相關因素之探討・護理雜誌・59, 62-70。

31. **Hsiao, C. Y.**, Hsieh, M. H., Tseng, C. J., Chien, S. H., & Chang, C. C.\*(2012). Quality of life of individuals with schizophrenia living in the community : Relationship to socio-demographic, clinical and psychosocial characteristics. *Journal of Clinical Nursing*, 21, 2367-2376. (SCI)

32. 曾秋蓉、蕭秋月、邱政元、蘇惠珍\*(2012)・社區復健中心精神分裂症病患汙名感受及汙名因應取向之探討・弘光學報・66, 39-52。

33. **Hsiao, C. Y.**, & Van Riper, M.\*(2011). Individual and family adaptation in Taiwanese families living with Down syndrome. *Journal of Family Nursing*, 17, 182-201. (SCI)

34. **Hsiao, C. Y.**, Van Riper, M.\*, Lee, S. H., Chen, S. J., & Lin, S. C. (2011). Taiwanese nursing

students' perceived knowledge and clinical comfort with genetics. *Journal of Nursing Scholarship*, 43, 125-132. (SCI)

35. **Hsiao, C.Y.\*** (2010). Family demands, social support, and caregiver burden in Taiwanese family caregivers living with mental illness : The role of family caregiver gender. *Journal of Clinical Nursing*, 19, 3494-3503. (SCI)
36. **Hsiao, C.Y., & Van Riper, M.\***(2010). Research on Caregiving in Chinese Families Living with Mental Illness : *A Critical Review*. *Journal of Family Nursing*, 16, 66-100. (SCI)
37. **Hsiao, C.Y., & Van Riper, M.\***(2009). Individual and Family Adaptation in Taiwanese Family of Individuals with Severe and Persistent Mental Illness (SPMI). *Research in Nursing and Health*, 32, 307-320. (SCI)