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研究領域

e 化健康照護、自我管理計畫、婦女慢性病健康照護、老人慢性病健康照護

教學

婦嬰護理學與實習、基本護理學與實習、高級婦女兒童健康護理學及實習、

護理專業問題研討

研究計畫

- 突破障礙：設計並測試以克服運動恐懼為目標的行動健康自我管理計畫對骨質疏鬆症患者之成效—隨機對照試驗 (國科會, 2025-2028)
- 探討更年期婦女接受改變運動恐懼之e化骨質疏鬆症自我管理計畫之成效：隨機對照試驗 (科技部, 2023-2024)
- 我的關節我作主：以病患需求為導向發展與測試退化性關節炎手機應用程式之自我管理方案：第三年隨機對照試驗 (國科會, 2021- 2022)
- 我的關節我作主：以病患需求為導向發展與測試退化性關節炎手機應用 程式之自我管理方案：第二、三年隨機對照試驗(國科會, 2021- 2022)
- 我的關節我作主：以病患需求為導向發展與測試退化性關節炎手機應用 程式之自我管理方案(科技部, 2019-2020)
- 從傳統到 e 化自我管理：類風濕性關節炎智慧型手機應用程式自我管理方案之需求評估、方案建構、與適用性評值(科技部, 2018-2021)
- 類風濕性關節炎自我管理計畫之成效-隨機對照試驗(第二、三年)(科技部, 2016-2018)
- 自我管理計畫對退化性關節炎病患全膝關節置換術後之成效(國科會, 2013-2016)
- 建構與測試自我管理計畫對心臟衰竭老年病患之成效(國科會, 2012-2015)
- 類風濕性關節炎自我管理計畫之成效-隨機對照試驗(國科會, 2016-2019)
- 發展與測試自我效能營養介入方案對低讀寫能力心臟疾病老人病患之成效 (國科會, 2011-2012)
- 發展與測試自我效能營養介入方案對低讀寫能力心臟疾病老人病患之成效 ~ 探索飲食經驗、調查影響營養之相關因素、建構與測試介入方案(國科會, 2011-2012)
- 急診老年病人出院需求、需求滿足及非計劃性再返診率之研究(國科會, 2010-2012)
- 以自我效能理論探討台灣社區老人之營養問題-量表修訂、測試、與營養計劃介入：營養計劃介入(長庚醫院, 2010-2011)

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